Family Medicine
for English language students
of Medical University of Lodz

Seminar 1

Principles and core values
of Family Medicine
Our timetable for today

1.1 General information
1.2 Let’s introduce ourselves
1.3 Your associations with family medicine

2.1 FM and the life cycle. Basic aims of FM in children
2.2 Basic aims of FM in adults
2.3 Basic aims of FM in the elderly

3.1 Prophylactics and its targets – general information
3.2 Work with the families and in the community
3.3 FM and its connection with the occupational medicine

4.1 Taking care for the particular patient through his/her life – SWOT analysis
4.2 Why trials results not always reflect real life conditions
4.3 Concluding remarks
Our website
The First Department of Family Medicine at the Medical University of Lodz

Head: Przemysław Kardas MD PhD

Staff: Sylwia Kałucka MD PhD, Izabela Papierz MD PhD, Paweł Klink MD PhD

Secretary: Elżbieta Mazurowska
Suggested literature:

Additional literature:
• David R. Rudy, *NMS Q&A: Family Medicine*
• Gonzales R, Kutner J, Kutner JS: *Current Practice Guidelines in Primary Care 2004*
• papers listed on the Department’s Web site

Assessment method:
• multiple choice test (80 points) + points for presence at lectures / classes (0.5 point per one item), 75% of points necessary to complete the course

Web site:
[www.zmr.lodz.pl](http://www.zmr.lodz.pl)
Clinical Evaluation Form

1. Knowledge (ability to integrate theoretical knowledge into clinical practice)
2. History (preciseness and comprehensiveness of information)
3. Physical examination (thoroughness in gathering information)
4. Diagnostic Acumen (developing an appropriate diagnosis)
5. Record keeping (accurately preparing professional writeups)
6. Relationship with Faculty and Staff
7. Relationship with fellow students
8. Relationship with patients (communication skills and attitude)
9. Educational activities (attendance at rounds, lectures, conferences)
10. Clinical presentations (case presentations, progress notes)
11. Handling of criticism

Scale: N – not observed  1 – poor  2 – average  3 – good  4 – outstanding
In 2006-2007 academic year, entire course for both 3rd and 4th year students consists of 40 h of seminars and 120 h of classes.

Dates of the clinical rotation in Family Medicine for 3rd year students are:

- 21.05 - 21.06.2007
- 22.06 - 19.07.2007

Dates of the clinical rotation in Family Medicine for 4th year students are:

- 04.09 - 29.09.2006
- 02.10 - 27.10.2006

Detailed timetable will be provided at the beginning of each course.
Timetable

Please refer to the web site!

2005/2006, 4th year students
List of seminars

(in chronological order):

1. Principles and core values of family medicine
2. GP and other levels of healthcare system: co-operation or competition?
3. Prevention in family medicine
4. Practice organisation and financing. Family medicine in Poland and the other countries
5. Doctor-patient communication - verbal and non-verbal
6. Conflict prevention and solving in family medicine
7. Chronic conditions in family doctor's practice
8. Pharmacoeconomy in family doctor's practice
9. Use and misuse of medication. Patient compliance
10. Evidence based medicine: use of guidelines in family medicine
List of classes

(in alphabetical order):

1. Abdominal pain
2. Alternative treatment
3. Anxiety & Depression
4. Cancer prevention
5. Chest pain
6. Child & newborn care
7. COPD
8. Diabetes mellitus 1
9. Diabetes mellitus 2
10. Dizziness
11. Dyspepsia
12. Dysuria
13. ECG
14. Elderly care
15. End of life issues
16. Fever
17. Headache 1
18. Headache 2
19. Hypertension
20. IHD
21. Lower back pain
22. Minor surgery
23. Otoscopy
24. Prenatal care
25. Resuscitation in GP practice
26. RTI 1
27. RTI 2
28. Skin problems 1
29. Skin problems 2
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Definition of Family Medicine
by German Association of General Medicine

Long-term care and management of both healthy and diseased people with physical and mental disturbances, with no respect to their age and gender, with special attention to their personality, family and social context.