



Skills4Adherence

Increasing the capacity of medical professionals to manage patient adherence and polytherapy in elderly.



SKILLS4ADHERENCE

Summer School 2019

Pavia, 9th — 13th September
ICS Maugeri | Centro Congressi



Co-funded by the
Erasmus+ Programme
of the European Union



Istituti
Clinici
Scientifici
Maugeri

U.PORTO



PORTO 4AGEING



MEDICAL
UNIVERSITY
OF LODZ



SKILLS4ADHERENCE

Summer School 2019

Pavia, 9th — 13th September
ICS MAUGERI | CENTRO CONGRESSI

DAY 1 – MONDAY 9TH SEPTEMBER 2019, Via Maugeri 4 (Aula Manuli)

9.00 - 9.45	<i>Participants check-in and registration</i>
9.45 – 10.00	<i>Opening session</i> Welcome Anna Giardini ICS Maugeri IRCCS
10.00 – 10.45	S4A presentation Przemyslaw Kardas UMED Partners role Elísio Costa UCIBIO REQUIMTE, Faculty of Pharmacy and Porto4Ageing, University of Porto Summer School organization Anna Giardini ICS Maugeri IRCCS
10.45 – 11.15	Coffee break
11.15 – 13.00	Participants presentation and working group establishment Group constitution and Self-presentation Self-assessment www.mentimeter.com Facilitators: Marina Maffoni University of Pavia, Luís Midão UCIBIO REQUIMTE, Faculty of Pharmacy and Porto4Ageing, University of Porto, Przemyslaw Kardas UMED
13.00 – 14.30	Lunch break (ICS Maugeri canteen)
14.30 – 15.00	Technology and adherence Elisio Costa UCIBIO REQUIMTE, Faculty of Pharmacy and Porto4Ageing, University of Porto
15.00 – 15.30	Adherence to medical plans: video presentations Inês Dias UCIBIO REQUIMTE, Faculty of Pharmacy and Porto4Ageing, University of Porto
15.30 – 16.00	Evaluation of the video (Google form) Facilitators: Anna Giardini, Marina Maffoni





SKILLS4ADHERENCE

Summer School 2019

Pavia, 9th – 13th September
ICS MAUGERI | CENTRO CONGRESSI

DAY 2 – TUESDAY 10TH SEPTEMBER 2019, Via Maugeri 4 (Aula Manuli)

ADHERENCE IN CARDIOVASCULAR DISEASE	
Adherence in cardiovascular diseases – Session I	
9.00 – 9.30	Non-adherence and therapeutic inertia: two major problems in cardiovascular medicine Roberto Pedretti <i>Chief of the Cardiological Department – ICS Maugeri IRCCS</i>
9.30 – 10.00	Therapy treatment, adherence and persistence in Chronic Heart failure patients: a population study, from 2006 to 2012 in Lombardy Simonetta Scalvini <i>ICS Maugeri IRCCS – Institute of Lumezzane</i>
10.00 – 10.30	A multidisciplinary telehealth and telecare integrated home program: impact on therapy adherence Palmira Bernocchi <i>ICS Maugeri IRCCS – Institute of Lumezzane</i>
10.30 – 11.00	Discussant Maria Teresa La Rovere, Roberto Pedretti, Marco Ambrosetti <i>ICS Maugeri IRCCS</i>
11.00 – 11.30	Coffee break
Adherence in cardiovascular diseases – Session II	
11.30 – 11.45	Opening – Adherence to medication in chronicity Paola Baiardi <i>ICS Maugeri IRCCS</i>
11.45 – 12.15	The importance of medication adherence in cardiovascular diseases Bernard Vrijens <i>CEO, AARDEX Group</i>
12.15 – 12.45	Primary non-adherence to cardiovascular drugs: lessons learned due to analysis of Polish pilot of e-prescriptions Przemyslaw Kardas <i>University of Lodz Poland – Department of Family Medicine</i>
12.45 – 13.15	Gender differences in cardiovascular drug use: a drug-utilization study from Campania Region Database Enrica Menditto <i>CIRFF University of Naples – Federico II</i>
13.15 – 13.30	Discussant Elisio Costa <i>UCIBIO REQUIMTE, Faculty of Pharmacy and Porto4Ageing, University of Porto</i> Anna Giardini <i>ICS Maugeri IRCCS</i>
13.30 – 15.00	Lunch break (buffet)
15.00 – 16.00	Patients perceptions of physician communication skills and beliefs about medication as determinants of non-adherence in elderly patients with hypertension – European study Background and aim: Pierobon Antonia <i>ICS Maugeri IRCCS</i> , Beata Jankowska-Polańska <i>UMED</i> Methodology and instruments: Francesco Zanatta <i>ICS Maugeri IRCCS</i> Preliminary data: Ekaterina Nissanova <i>ICS Maugeri IRCCS</i>
16.00 – 16.20	Caregiver burden: the economic, social and personal cost of being a caregiver Silvia Traversoni <i>ICS Maugeri IRCCS</i>
16.20 – 16.40	Interventions to support the caregiver Nicolò Granata <i>ICS Maugeri IRCCS</i>
16.40 – 17.00	Caregiver's role in improving adherence Marina Maffoni <i>University of Pavia</i>
17.00 – 17.30	Take home messages Anna Giardini <i>ICS Maugeri IRCCS</i>





SKILLS4ADHERENCE

Summer School 2019

Pavia, 9th — 13th September
ICS MAUGERI | CENTRO CONGRESSI

DAY 3 – WEDNESDAY 11TH SEPTEMBER 2019 – University of Pavia (Aula Golgi), Piazza Botta

Adherence in chronicity - (quantitative and qualitative data)	
9.00 - 9.15	Morning organization Anna Giardini <i>ICS Maugeri IRCCS</i>
9.15 - 9.45	Theoretical models of medication adherence in chronicity Silvia Traversoni <i>ICS Maugeri IRCCS</i>
9.45 - 10.15	Adherence in chronicity: Quantitative studies Nicolò Granata <i>ICS Maugeri IRCCS</i>
10.15 - 10.45	Psycho-social implications on Adherence: Qualitative studies Marina Maffoni <i>University of Pavia</i>
10.45 - 11.15	Coffee break
Adherence in chronicity - (quantitative and qualitative data)	
11.15 - 13.00	Role Playing Session I <i>Coordinated by ICS MAUGERI IRCCS and University of Pavia</i> <i>Facilitators: Anna Giardini, Nicolò Granata, Marina Maffoni, Silvia Traversoni</i>
13.00 - 14.30	Lunch break
14.30 - 15.00	Polypharmacy in elderly: from causes to the consequences Marta Kurczewska-Michalak <i>UMED</i>
15.00 - 16.30	Group work coordinated by <i>UMED</i> Facilitators: Marta Kurczewska-Michalak, Przemysław Kardas





SKILLS4ADHERENCE

Summer School 2019

Pavia, 9th — 13th September
ICS MAUGERI | CENTRO CONGRESSI

DAY 4 – THURSDAY 12TH SEPTEMBER 2019 – University of Pavia (Aula Golgi), Piazza Botta

9.00 – 9.30	Prevalence of polypharmacy among pre-frail and frail individuals Luís Midão <i>UCIBIO REQUIMTE, Faculty of Pharmacy and Porto4Ageing, University of Porto</i>
9.30 – 10.00	Interventions to reduce polypharmacy in elderly: what works in real world? Pawel Lewek <i>UMED</i>
10.00 – 10.30	PT4AGING - a group chronic disease self-management intervention for community dwelling older people Lígia Lima, Célia Santos, Celeste Bastos e Manuela Martins <i>Porto Nursing School, CINTESIS, Porto, Portugal</i>
10.30 – 11.00	Hospitalizations Among Polymedicated European Older Adults Marta Almada <i>UCIBIO REQUIMTE, Faculty of Pharmacy and Porto4Ageing, University of Porto</i>
11.00-11.30	Coffee break
11.30-12.00	Clinical relevance of reconciliation, experience in ICS Maugeri Emilio Clementi <i>Università degli Studi di Milano</i>
12.00 – 13.00	Role Playing Session II Coordinated by ICS Maugeri IRCCS Facilitators: Anna Giardini, Nicolò Granata, Marina Maffoni, Silvia Traversoni
13.00 – 14.30	Lunch break
14.30 – 16.30	Adherence Quality Indicators: building a multidisciplinary view of care André Luís Ramalho <i>CINTESIS - Center for Health Technology and Services Research, University of Porto, Portugal; MEDCIDS – Department of Community Medicine, Information and Health Decision Sciences – Faculty of Medicine of the University of Porto, Porto, Portugal; FGV Management, Fundação Getúlio Vargas, São Paulo, Brazil</i>
7.30 P.M. - SOCIAL DINNER at Vita Restaurant & Café (http://vitaristorante.it/)	





SKILLS4ADHERENCE

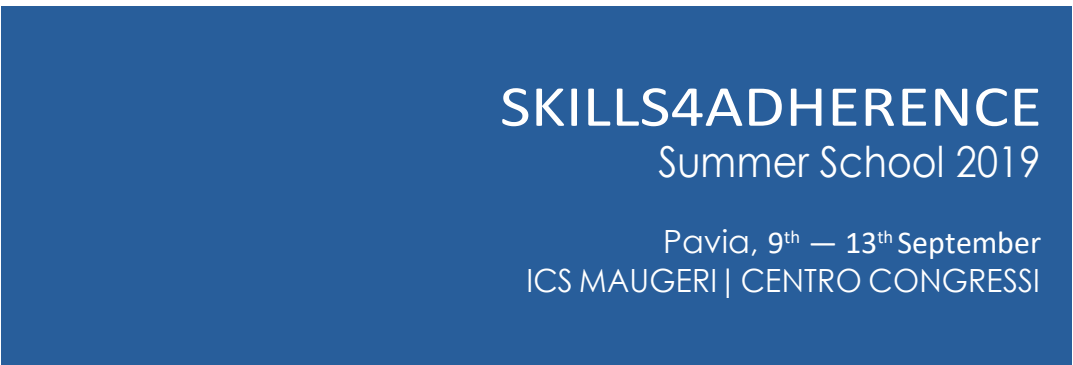
Summer School 2019

Pavia, 9th — 13th September
ICS MAUGERI | CENTRO CONGRESSI

DAY 5 – FRIDAY 13TH SEPTEMBER 2019, Via Maugeri 4 (Aula Manuli)

Adherence in chronicity - Meet the expert	
9.00 - 9.15	Opening session Elisio Costa <i>UCIBIO REQUIMTE, Faculty of Pharmacy and Porto4Ageing, University of Porto, Przemyslaw Kardas UMED, Anna Giardini ICS Maugeri IRCCS</i>
9.15 – 10.15	Understanding and managing non-adherence: what is the role of beliefs? John Weinman <i>King's College London, Institute of Pharmaceutical Sciences, London, UK</i>
10.15 – 11.00	Non-adherence to pharmacotherapy: a prospective multicenter study about incidence and its causes perceived by chronic pain patients. Rute Sampaio <i>FMUP, I3S</i>
11.00 – 11.30	Questionnaire on lessons learned (Google form)
11.30 – 11.45	Coffee break
11.15 – 12.30	Self-assessment www.mentimeter.com Take home message from the questionnaires Facilitators: Marina Maffoni <i>University of Pavia</i> , Anna Giardini <i>ICS Maugeri IRCCS</i>
12.30 – 13.00	CLOSING CEREMONY Elisio Costa <i>UCIBIO REQUIMTE, Faculty of Pharmacy and Porto4Ageing, University of Porto</i> Anna Giardini <i>ICS Maugeri IRCCS</i> Przemyslaw Kardas <i>UMED</i>
13.00 – 14.30	Light lunch







Co-funded by the
Erasmus+ Programme
of the European Union



Istituti
Clinici
Scientifici
Maugeri

U. PORTO


PORTO4AGEING



MEDICAL
UNIVERSITY
OF LODZ